



Ark Franklin Primary Academy Lunch Menu



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Bolognese or Tomato Sauce	BBQ Chicken or Vegetables and Noodles	Homemade Pizza	Beef or Vegetable Lasagne	Fish or Vegetable Goujons
Sides	Pasta Garlic Bread	Rice Barbecue Sauce	Hummus	Focaccia	Chips
Vegetables & Salads	Sweetcorn	Broccoli Cucumber	Carrot, Cucumber and Pepper Cudités	Mixed Green Salad	Peas Coleslaw
Alternative	Jacket Potato with Baked Beans, Cheese, Tuna Mayo, Sweetcorn or Coleslaw				
Pudding	Carrot Cake	Fresh Fruit & Yoghurt	Chocolate Brownie Chocolate Custard	Fresh Fruit & Yoghurt	Lemon Drizzle Cake

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken or Vegetarian Sausages	Roast Beef or Vegetables and Noodles	Macaroni Cheese Roasted Vegetables Tomato Sauce	Chicken or Vegetable Curry	Burger/Hotdog or Vegetarian Burger
Sides	Mashed Potatoes	Roast Potatoes Yorkshire Pudding Gravy	Pasta	Rice Naan Bread	Chips
Vegetables & Salads	Baked Beans	Carrots	Sweetcorn	Green Salad	Pickles Coleslaw
Alternative	Jacket Potato with Baked Beans, Cheese, Tuna Mayo, Sweetcorn or Coleslaw				
Pudding	Chocolate Chip Cookies	Fruit & Yoghurt	Treacle Sponge Custard	Fruit & Yoghurt	Jelly & Ice Cream

Everyday during morning break all children are offered a piece of fresh fruit.